

**UNIVERSITY OF GHANA**

**QUESTIONNAIRE FOR FRONTLINE WORKERS**

I am Theodora Ntiriwaa, a student from the University of Ghana Business School. In partial fulfilment of the requirement for the award of Master’s Degree in Clinical Leadership and Management, I am undertaking a project titled “ **Challenges faced by healthcare professionals during the COVID -19 pandemic. A comparative study of the Police and 37 Military Hospital”**. I would be very grateful if you could kindly devote a little of your time to answer the following questions. The completion of the questionnaire implies you have consented. You are at liberty to withdraw at any stage of the study.

It is purely for academic purposes. Your honest opinions are highly welcome. Your support and cooperation is very much anticipated and your responses will be treated with maximum confidentiality and anonymity.

Thank you

**SECTION A: DEMOGRAPHICAL DATA**

1. Age
2. 18-23years ( )
3. 24-29years ( )
4. 30-35years ( )
5. 36-41years ( )
6. 42-47years ( )
7. Above 48years ( )
8. Gender
9. male ( )
10. female ( )
11. Marital status:
12. married ( )
13. single ( )
14. divorced ( )
15. separated ( )
16. cohabitation ( )
17. Professional background:
18. doctor ( )
19. nurse ( )
20. allied Health professional ( )
21. field staff ( )
22. nursing Aid ( )
23. Religious background:
24. christianity ( )
25. islam ( )
26. traditional ( )
27. Others ( ) ( please specify ) ………………….

1. Years of work experience:
   1. 6months -5 years ( )
   2. 6 -10years ( )
   3. 11 -15years ( )
   4. 16-20years ( )
   5. above 20years ( )
2. Position:………………………………….

**SECTION B: COVID 19 EXPERIENCES/CLINICAL CHALLENGES OF FRONT LINE WORKERS**

1. What was your predominant emotion during the COVID-19 pandemic? (Tick the appropriate responses; as many as applicable).
2. happy ( )
3. sad ( );
4. fearful ( )
5. anxious ( )
6. others ( please specify) ………………………….
7. Can you write some thoughts that came to your mind? (e.g., the thought of quitting due to fear of death. etc)

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1. Have you been experiencing fear in the course of managing COVID-19 patients? (Tick the appropriate response)
2. almost ( )
3. never ( )
4. sometimes ( )
5. often ( )
6. almost often ( )
7. To what extent were you worried during the peak of COVID-19 pandemic? (Tick the appropriate response)
8. always worried ( )
9. very worried ( )
10. less worried
11. never worried ( )
12. indifferent ( )
13. Did you experience sleeplessness in the peak of the COVID-19 pandemic?
14. yes ( )
15. no ( )
16. If yes in question 12, how often? Tick the appropriate response).
17. sometimes ( )
18. almost often ( )
19. often ( )
20. very often ( )
21. Were you scared to come to work during the peak of the COVID-19 pandemic?
22. yes ( )
23. no ( )
24. if yes in question 14, how often?
25. sometimes ( )
26. almost often ( )
27. often ( )
28. very often ( )
29. Were you working longer shifts and hours during the COVID – 19 pandemic?
30. yes ( )
31. no ( ).
32. If Yes to Question 16, What was the number of hours you worked during the COVID-19 pandemic?
33. <20hours ( )
34. 20- 40hours ( )
35. 41- 60 hours ( )
36. >60 hours ( )
37. Did you get infected as a result of working at the COVID -19 isolation centres?
38. yes ( )
39. no ( ).
40. Were you afraid of transmitting the infection to your family?
41. yes ( )
42. no ( ).
43. Were you experiencing stress at your work place during the pandemic? (Tick the appropriate response).
44. almost ( )
45. never ( )
46. sometimes ( )
47. often ( )
48. almost always ( )
49. Were you experiencing stress at your home because of the pandemic? (Tick the appropriate response).
50. almost ( )
51. never ( )
52. sometimes ( )
53. often ( )
54. almost always ( )
55. Were you anxious about things around you in the peak of the COVID-19 pandemic? (Tick the appropriate response).
56. almost ( )
57. never ( )
58. sometimes ( )
59. often ( )
60. always ( )
61. Were you stigmatized for working at the COVID-19 isolation centre?
62. yes ( )
63. no ( )
64. if yes to question 23, can you elaborate how that stigmatization affected you.

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1. Which of the following caused the most stress during the COVID-19 pandemic? (Tick the appropriate responses; as many as applicable).
2. exposure or infection to the virus ( )
3. restrictions associated to the pandemic( )
4. death or illness of patients/coworkers/loved ones ( )
5. work-related problems ( )
6. stressors related to PPEs/supplies
7. family/community opinions related to COVID-19 ( )
8. politicization of the pandemic

**SECTION C: MANAGERIAL CHALLENGES AND REMEDIES**

1. How will describe the your facility’s preparedness towards the pandemic? (Tick the appropriate response).
2. adequate
3. inadequate
4. satisfactory
5. Was there adequate personnel in your facility during the pandemic?
6. yes ( )
7. no ( )
8. If yes to question 27, how did you manage the staff shortage?

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1. Did the facility witness resignations as a result of the pandemic?
2. yes ( )
3. no ( )
4. If yes to Question 29, how were the resignations managed?

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1. Was there adequate Personal Protective Equipment (PPEs) in your facility?
2. yes ( )
3. no ( )
4. If no to Question 31, how did management handle the above logistic challenge?

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1. Was there adequate ventilators in your facility for the critical ill patients in the peak of the pandemic?
2. yes ( )
3. no ( )
4. If no to Question 33, how did management handle the above logistic challenge?

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1. Has COVID 19 brought financial constraint to your facility?
2. yes ( )
3. no ( )
4. If yes to Question 31, how is management addressing this challenge?

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**SECTION D: COPING STRATEGIES TO THE CLINICAL CHALLENGES**

1. What did you do to address the challenges? (Tick the appropriate responses; as many as applicable).

a. talking to friends/colleagues ( )

b. getting involved in favorite hobbies ( )

c. praying or spending time in religious activities ( )

d. spending time with family ( )

e. reading holy texts

f. living healthy lifestyle

e. other ( please specify) ………………………………….

1. Can you describe some of your positive thoughts?

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1. Can you write two reasons you are grateful for?

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**SECTION E: OTHER COMMENTS/ RECOMMENDATIONS**

1. In your opinion, what do you think needs to be done to address these challenges managerial?

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